

# Patient FAQ's

cosán

## What is Care Management?

Care Management is a service provided by Medicare that adds an extra layer of support and care between doctor visits. Chronic Care Management (CCM) is for people with two or more chronic conditions. Principal Care Management (PCM) is for patients who have been diagnosed with a single complex or high-risk chronic condition.

## What is a chronic condition?

A chronic condition is a continuous, long-lasting health problem that can often be controlled with proper treatment and management. A few examples include asthma, diabetes, arthritis, hypertension, and heart disease.

## Am I eligible?

- Chronic Care Management (CCM): You're eligible if you have two or more chronic health conditions.
- Principal Care Management (PCM): You're eligible if you have been diagnosed with a single complex or high-risk chronic health condition.
- Behavioral Health Integration (BHI): You're eligible if you have at least one condition related to mental health.
- Remote Patient Monitoring (RPM): You're eligible if you've been diagnosed with an acute or chronic condition that requires continuous monitoring.

## Will my information be private and secure?

Yes, the Cosán Care Management platform is built with the same technology as electronic medical record systems. Our system has exceeded all HIPAA and HITECH standards.

## What will this cost me?

These services are covered by Medicare Part B and are subject to the usual Medicare deductible and coinsurance. If you have a secondary or supplemental insurance, it will probably cover your copay. If not, or if you have not already met your deductible, you may have a small out-of-pocket cost which is usually no more than \$10 a month.

## What if I need to cancel?

You can cancel at any time by telling your Care Coordinator or doctor, and the services will stop at the end of the month.

## How do I enroll?

Simply tell your doctor that you want to enroll in Care Management Services.